



Please make sure to have all your ingredients and tools on the counter before the start of class. We will measure the ingredients and cook together live on zoom. Adult supervision in your home kitchen is required for all classes.

### READERS & EATERS SERIES

Read a classic storybook and make a snack inspired by the book!

#### **CARROT AND HUMMUS ROLL UPS**

Can of Chickpeas, drained and rinsed  
Greek yogurt, we use Fage brand for this recipe but any Greek yogurt will do  
1 Lemon  
Extra Virgin Olive Oil  
Garlic Powder & Salt  
Pinch of cumin (optional)  
Bag of Shredded carrots  
Whole Wheat Bread

#### **EQUIPMENT**

Food Processor works best. If you don't have a food processor a high-speed blender  
Kid-Safe Knife  
Cutting board  
Rolling Pin  
Bowl  
Spoon  
Measuring Cups

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